



School of Engineering & Technology
Department of Mechanical Engineering

Academic Year 2023-24

Expert Lecture on
Personality Development

Delivered By
Colonel Arun Jha

An expert lecture on ‘Personality Development’ was conducted by Mechanical Engineering Department. The lecture was held on **1st October 2023**.

Personality development is the development of the organized pattern of behaviors and attitude that makes a person distinctive. Personality development incurs by the continuous interaction of temperament, character and environment.

The **objective** of this workshop was to develop the students spiritually and build self- confidence, enhance self-esteem and improve overall personality. The program **aimed** at grooming the students through sensitizing them about proper behavior, socially and professionally in both formal and informal circumstances. **Colonel Arun Jha** was the resource persons on this special event.

The Head of Mechanical Engineering Department, **Dr Vishal N. Sulakhe** facilitated the students to make the workshop meaningful. In his short address he said, “Personality should be like a magnet, which means attracting people towards oneself to learn something. And for that personality, students needed to be groomed”. Further he added, “There are certain values like way of talking, behaving and dress code which shows one’s personality that relates oneself to other”. He concluded hoping for the change in students.



In his session, **Colonel Jha** explained that Personality is whatever one thinks, s/he should be able to convey it. Speaking on **time management** she gave a task to the students of closing their eyes for one minute and to think whatever comes in their mind, through this the students realized that when it comes to closing eyes for one minute it seems a long period of time. He said, “Time management is setting **priorities** and **taking charge** of the situation and **time utilization**”. She advised the students to spend every second in an efficient and productive way. He highlighted the major source of time management problems and solutions to them.



He addressed on preparation for job interview and business pitch. He presented some photos of great CEOs like **Vijay Shekhar** CEO of Paytm, **Mark Zuckerberg** CEO of Facebook and many more; these all persons had one unique and common thing, ‘smile’. He added that a ‘smile’ can lead a person towards success. So he advised the students to keep a smile on face every time and never cry for the same problem several times. To face job interviews he presented the rule of **ABC** i.e. Appearance, Body language and Communication.